



June

June 1, Thurs.	11:15 am	Presentation by Steve Babson of Edward Jones
June 6, Tues.	11:15 am	Presentation by Sharon Zayachek, Aging Services Assistant with Washington County ADRC, Aging & Disabilities Resource Center
June 8, Thurs.	12:30 pm	UHC Kelly Buell - Ice Cream Social at the senior center
June 12, Mon.	11:00 am	Elder Abuse Awareness
June 22, Thurs.	11:15 am	High Peaks Hospice presentation
June 27, Tues	1:30 – 3:30	Paint with Patrice

Dates and times may be subject to change: check our Facebook page for updates or call ahead to confirm.

STANDING EVENTS

Each Weekday	Noon	Washington County Nutrition Program
Mon – Friday	Daily	Board games and card games
Monday	9:00 am	Silver Sneakers Classic
First Monday	10:30 am	Shopping
Mon. & Wed	9:30 am	Bingo
Mon & Fri	10 am-Noon	Pickleball outdoors at Moran/Derby Park
Tues. & Thurs.	9:00 am	OsteoBusters by Marcia McCormack
Tues. & Thurs.	10-10:30	Cardio Drumming
Third Tuesday	11:30 am	Nutrition program - Kristin Stewart (Nutrition Geek)
First Wed	10:30 am	Shopping trip to Freihofer's Baking Co. in Queensbury
Wednesday	9:00 am	Silver Sneakers Chair Yoga
Thursday	10:30 am	Ukulele Club/Orchestra - Lessons by Max McDonnell
Third Wed.	11:30 am	Lunch Tour
Thursday	10-11:30	Knitting with Sharon Karwoski
1 st & 3 rd Fri	10:30 am	Crafting Hour with Sue Donovan (June 2nd class is cancelled)
Friday	9:00 am	Silver Sneakers Circuit
Friday	10:15 am	Pool League (See Helen or Nancy for more info)

LOOKING AHEAD:

8/10/2023	Senior Center picnic
9/24/2023	Chicken BBQ Fundraiser
10/19/2023	Council of Seniors Fall Luncheon at Hudson Falls American Legion 10-2 pm
10/27/2023	Halloween Pizza Party
11/21-22/2023	National Game and Puzzle Week (game and puzzle social)
12/7/2023	Senior Center Christmas Holiday Luncheon
12/14–15/2023	Christmas/Holiday Sing-along with the Ukulele Orchestra

SENIOR CENTER KINGSBURY FORT EDWARD AREA, INC.

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