

Greetings:

Go purple in June. June is Alzheimer's & Brain Awareness Month. Help raise awareness by wearing purple for the month of June. On Friday June 16th, Lindsey Stanislawsky from the Alzheimer's Association will be here at the Whitehall Meal Site at 11:30 for a presentation on Alzheimer's Disease.

We all enjoyed a variety of salsa's every Thursday for the month of May. We are seeing some new faces for exercise class and lunch. Please join us for lunch **Tuesday** and **Friday** at noon at the American Legion 148 Main Street Whitehall. If you would like to join us for lunch, please call us at 518-746-2357 for a reservation.

Our Senior Picnic at the Washington County Fair Grounds is fast approaching (July 14th) Hope to see you all there!

Mary Maynard-Fenton