

The Washington County Nutrition Program would like to invite you to the Whitehall Meal Site for lunch and other activities. Come join us for a healthy, nutritiously balanced meal served Monday through Friday at noon at the American Legion, 148 Main Street, Whitehall.

Any person 60 years of age or older is welcome regardless of income. You do not need to be a member of the American Legion to participate. A voluntary contribution of \$ 3.00 is suggested. Individuals under 60 years of age are welcome as well but are required to pay \$ 5.00. Our menu can be found in the Community Connections. We do ask that you make a reservation the day before by calling 518-746-2357.

Spring is coming soon so we are busy planning our spring activities. We would love to see some new faces. Please stop in and see what it is all about. Be safe and stay warm.



Participants at the Whitehall Congregate meal site enjoying lunch and a presentation by Washington County DSS staff Kim Kirby and Barb Skiff who provided valuable information about SNAP (Supplemental Nutrition Assistance Program) and HEAP (Home Energy Assistance Program) programs.