

## New York State Office for the Aging Senior Citizen's Day Recognition

We would like to thank you for submitting nominations for the 2022 New York State Office for the Aging Senior Citizen's Day Recognition Event. The Office for Aging Senior Advisory Council recognizes **Dale Grinnell from Fort Ann and Deborah Beahan from Hudson Falls.**



Deborah "Debbie" Beahan is a native New Yorker. She was born and raised in Ticonderoga, New York by her parents, Adolph and Helen Diskin. Debbie has 1 brother who is deceased, a sister Mary, and a brother Mike. She comes from a very politically involved family, to include her father serving as

the Town Supervisor and with the Board of Elections.

In 1974, Debbie and her two children moved to Hudson Falls, New York. Debbie worked at Washington County for 32 years. She worked in the Department of Motor Vehicles for 20 years and 12 years as County Clerk (8 as deputy county clerk and 4 as county clerk). While working at DMV, Debbie met her husband, Thomas who was in car sales. They were married for 33 years until his passing in 2015. Debbie's daughter Rachel and her son-in-law Jason reside in Florida and her son, Brian lives in Hudson Falls. She has 2 grandchildren, Isabella and Aidan, 2 stepchildren named Beth and Stephanie, 3 step-grandchildren named Matt, Tony, and Morgan, and 4 step - great grandchildren.

Debbie started volunteering for the Special Olympics in the 1980's as a coach for bowling and track and field. She has been involved with the Heart Fund and was the treasurer for the Washington County Republican Committees Women's Club. Through Washington County, Debbie helped and participated in the Breast Cancer Walk and also served on Public Health's Health Committee for employees. In 1999, Debbie was honored by the Department of

Motor Vehicles for her hard work, dedication, and contributions to her community.

For the past 9 years, Debbie has been a dedicated volunteer at the Senior Center of the Kingsbury & Fort Edward Area, Inc. and is an important part of their very busy day-to-day operations. She coordinates programs, activities, and fundraisers. Debbie is a meal site manager at the Senior Center and supervises the kitchen. She is the center's OsteoBusters program leader with the AmeriCorps Seniors/Warren/Washington RSVP volunteers and is also a Cardio Drumming instructor. During the pandemic, Debbie kept all the members informed about COVID-19 testing and vaccination information. Debbie procured and installed the "My Senior Center" software program that reports membership, personnel, events, meals, and transportation statistics. Debbie also serves as the President on the Board of Directors for the Senior Center of the Kingsbury & Fort Edward Area.

When Debbie was asked, what advice she had for other New Yorkers about volunteering she stated, "volunteering is a great way to stay involved". "I find volunteering very rewarding, not only does it give me a purpose in life, but it also gives me a feeling of giving back to the community. Our senior center members are not only my friends, but also my family".



AGE MY WAY: MAY 2022