

# April Calendar

Tues. April 12	11:00 am	Teresa DePaul - Teresa's Helping Hand
Tues. April 12	2:00 pm	Ukulele Orchestra at The Glen
Fri. April 15		CENTER IS CLOSED FOR GOOD FRIDAY
Tues. April 19		Senior Center Volunteers Recognition Day (gift basket for a door prize)
Thurs. April 21	2:00 pm	Ukulele Orchestra at the Oaks
Sun. April 24	Noon-4 pm	Moby Dick Fish Fry Fundraiser, curbside takeout only
Tues. April 26	1:30 – 3:30	Paint with Patrice “Lake at Springtime” painting
Wed April 27	11:00 am	HIGHMARK NENY Stephanie Krieger

## STANDING EVENTS

Each Weekday	Noon	Washington County Nutrition Program
Mon – Friday	Daily	Board games and card games
Monday	9:00 am	Silver Sneakers Classic by Dale LaPoint
1 <sup>st</sup> Mon ea mo.	10:30 am	Shopping
Mon. & Wed	9:30 am	Bingo
Tues. & Thurs.	9:00 am	OsteoBusters by Marcia McCormack
Tuesday	10:30 am	Ukulele Club/Orchestra - Lessons by Max McDonnell
First Tues	11:30 am	Blood Pressure Checks
Third Tuesday	11:30 am	Nutrition program at the senior center with Kristin Stewart (Nutrition Geek)
Wednesday	9:00 am	Silver Sneakers Chair Yoga by Dale LaPoint
Thursday	10-10:30	NEW! Cardio Drumming
Thursday	10-11:30	Knitting with Sharon Karwoski
1 <sup>st</sup> & 3 <sup>rd</sup> Fri	10:30 am	Crafting Hour with Sue Donovan
Friday	9:00 am	Silver Sneakers Circuit by Dale LaPoint
Friday	10:15 am	Pool League (See Helen or Nancy for more info)

### PLAN AHEAD – SAVE THE DATES:

Older Americans Day Celebration (gift basket for a door prize)    5/13/2022  
 Senior Center Annual Chicken BBQ Fundraiser, curbside takeout only    5/22/2022  
     Senior Center picnic    8/11/2022  
 Moby Dick Fish Fry Fundraiser, curbside takeout only    9/25/2022  
     Halloween Pizza Party    10/28/2022  
 National Game and Puzzle Week (game and puzzle social) 11/22-23/2022  
 Christmas/Holiday Sing-along with the Ukulele Orchestra 12/15–16/2022  
 Senior Center Christmas Holiday Luncheon 12/8/2022

SENIOR CENTER KINGSBURY FORT EDWARD AREA, INC.

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