

LTCC Quarterly Meeting Minutes

September 23, 2021

10:00 am

44 Zoom users were logged on to the video conference.

Lisa Baker, Carrie Brownell, Gina Cantanucci-Mitchell, Cassandra Fleury, Maria Spagnolia, Jamie McAuliffe, Amy McBride, Colleen McCool, Max McDonnell, Cynthia Mitchell, Phyllis Panetta, Dee Park, Kim Sopczyk, Sarah Ghent, Stepahnie Raney, Rob York, Sara Deykmejian, Ann Marie Mason, Joann Snowball, Sharon Zayacheck, JoAnna Sheridan, Ashley Young, Scott Cutting, Cathy Bearor, Lisa Woititz, Hanna Hall, Taylor Jennings, Chris Hanchett, Lindsay Stanislawsky, Jodie Smith, Sara Desimone, Kimberly Comisky, Katelyn Metz, Linda Law-Saunders, Joshua Gray, Jo Miller, Megan Lewis, Ashley Rivers, Tim Hardy, Jackie Dunn, Krista Lewis, Ash, Haynes House of Hope Representative, M Riozzi

Cynthia Mitchell, Chair opened the meeting at 10:02 am

Chris Hanchett moved acceptance of the minutes from the previous quarterly meeting. Cassandra Fleury seconded the motion and the minutes were received unanimously by the LTCC membership.

Newsletter Update

- It is our hope to send out editions of the LTCC newsletter the 1st and 3rd Monday of every month, which will include updates for your agencies.
- Please send any updates you would like included in the newsletter to: info@wwhlcc.org

Identified Gap/Barrier

A gap/barrier in services was identified where individuals with mental health diagnoses were not receiving sufficient long term care services in our area, and in most cases were placed out of state as a result. The LTCC developed a survey which was distributed to providers in the area to determine why. The top three reasons identified by this poll were:

- Lack of adequately trained staff;
- Lack of resources for the consumer (individualized care plan);
- Not having adequate mental health services for consumers once they are placed in a facility

As a result, the LTCC reached out to local agencies for assistance.

Presentations: Gaps in Mental Health Services

Mental Health Provider

- Rob York, Director of Community Services for Warren and Washington Counties
- Rob reviewed the structure of the agency and the services they provide, as well as the Mental Health/Addiction Recovery Subcommittee.
- The results of this poll will be discussed at the next meeting on October 8th and his agency is very interested and willing to work with area providers to address these concerns.

Link to register is:

[MENTAL HEALTH/LTC MEETING REGISTRATION LINK](#)

- Since the transition from GFH to BHSN as the sole provider of mental health services in our area, BHSN has doubled the number of staff to work with individuals in need of their services.
- Local entities should utilize the services of the Mobile Crisis Provider, Northern Rivers, if possible, versus sending individuals to the emergency room.
- Please feel free to reach out to Rob York or Lisa Coutu with concerns.

Training for Employees

- Joshua Gray, Director of Support Services at Warren-Washington Association for Mental Health
- Certified Mental Health First Aid trainer in both the adult and youth modules, as well as a certified trainer in a vast array of evidence-based programs surrounding mental health and wellness, trauma, suicide prevention, among many others.
- Can customize programs on topics such as: burnout, compassion fatigue, vicarious trauma, and mental health in schools.
- These trainings can help staff feel more equipped to deal with individuals who have mental health issues.
- Please see links below for specific trainings available.

[WWAMH Presentation Slides](#)
[WWAMH Community Trainings](#)

Funding Resources for Employee Training

- Sara Deukmejian, ARHN manager for the Adirondack Health Institute.
- AHI has lots of information on their website. <https://ahihealth.org/>
- AHI will be hosting a FREE training on November 5th, at 11AM. Flyer to come.
- Please reach out to the LTCC if there are any specific needs you would like addressed at this training, and it will be forwarded to Sara.
- ARHN Researched Funding Opportunities: <https://ahihealth.org/arhn/arhn-researched-funding-opportunities/>
- On-Demand Grant Writing Modules: <https://ahihealth.org/arhn/grant-writing-resources/>

Secretary Position

- The Secretary position is currently vacant and we would love to have someone fill this position.
- Duties include keeping minutes for both the executive and quarterly meetings, maintaining the membership email list, and assisting with the newsletter publication.
- If interested, please send an email to: info@wwhlccc.org.

Overview of LTCC Initiatives or Issues

- Encouraged members to register with Memberplanet using the LTCC membership link <https://mp.qq/a3c5>

Agency Introductions and Updates

Deanna Park moved to close the meeting, Cathy Bearor seconded, the motion was approved unanimously.

The Chair closed the meeting at 11:30am.

Sincerely,
Deanna Park
LTCC Secretary

YouTube link for the recording of the 9/23/21 LTCC Quarterly meeting is: <https://youtu.be/0juidOmdl8M>