

<b>WASHINGTON COUNTY NUTRITION PROGRAM</b>  <b>APRIL 2020</b>  <b>MENU IS SUBJECT TO CHANGE***</b>	<i>Meals must be eaten on the Day of delivery!! Should you need to reheat the meals microwave for 2-3 minutes OR place in a 350 degree oven for no longer than 10 minutes in an oven safe container.</i>	<b>MEAL CONSISTS OF:</b> <b>Protein-2 oz minimum</b> <b>Vegetables-1/2 cup</b> <b>Fruit-1 cup</b> <b>Starch-1/2 cup</b> <b>100% Whole Wheat Bread, butter and 1% milk served daily</b> <b>When gravy is provided, low sodium is always used</b>	<b>Cancellations and Restarts:</b> <b>(518)746-2357</b> <b>Questions and Comments:</b> <b>(518)746-2420</b> <b>1-800-848-3303</b> <b>For the safety of our Drivers please restrain your dog!!!</b>	Suggested Contribution is \$3.00 per meal. Visitors and guests under 60 yrs of age, \$5.00 per meal. The Nutrition Program is funded by participants' contributions, Washington Cty Board of Supervisors and NYS Office for the Aging.
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
MEAL SITES: CAMBRIDGE: (518)677-8592 HUDSON FALLS: (518)747-9352 WHITEHALL: (518)499-2482		Oven Baked Chicken Wild Brown Rice Fresh steamed Spinach <b><i>Birthday Cake-Flavor Chefs Choice</i></b> <b><i>HAPPY BIRTHDAY!!</i></b>	Spaghetti w/meat sauce Mixed Green Salad Peas and carrots Banana Whole Wheat Roll	Broccoli and Cheese Quiche Beets Mixed Vegetables Berries
Tuna Salad on a bed of mixed greens Country Tomatoes Veggie Mac Salad Fresh Apple Whole Wheat Roll	Salisbury steak with gravy Mashed Sweet Potatoes Collard Greens Fruit Cocktail	Chicken Stew with potatoes and carrots Broccoli Sliced Peaches Whole Wheat Roll	Baked Easter Ham with pineapple Mashed Sweet Potatoes Green Beans Strawberry Shortcake <b><i>Happy Easter!!</i></b>	Lemon Butter Scrod Wild Brown Rice Pilaf Buttered Carrots Fig Newton Cookie
Roast Pork Mashed Potatoes California blend vegetables Grapes	Fish Florentine Parsley Red Potato Wedges Buttered Peas Fruited Jello	Ultimate Baked Ziti w/meat sauce Mixed Green Salad Cauliflower Tropical Fruit Whole Wheat Roll	Herb Chicken Breast Baked Sweet Potato Fiesta Blend Vegetables Orange	Low Sodium Hot Dog with meat sauce on a Whole Grain Bun Corn Brussel Sprouts Banana
Lightly breaded crispy fish Brown Rice Fresh Steamed Spinach Mixed Green Salad Fresh Apple	Stuffed Chicken Breast with gravy Sweet Mashed Potatoes Peas and Carrots Maple, cinnamon baked fruit	Classic cheese Lasagna Broccoli Mixed green salad Fruit Cocktail	Ceasar Salad with greens, chicken and croutons Country Tomatoes Fruited Jello Whole Wheat Roll	Veal and Peppers over noodles Spinach Salad Italian Blend Vegetables Fig Newton Cookie Whole Wheat Roll
Barbecue Chicken Leg Sweet mashed potatoes Brussel Sprouts Mandarin Oranges	Turkey Meatloaf with gravy Mashed Potatoes Mixed Vegetables Mixed Melon	Pork Chop Supreme Parsley Red Potato Wedges Broccoli Florets Cinnamon applesauce	Chicken Marsala w/penne Green Salad Italian Blend Vegetable Sliced Pears Whole Wheat Roll	

**Washington County Home Delivered Meals Remains Operational at This Time**

**NOTE: Menu and operations are subject to change at any time**

Your meals may arrive at different times depending on who is making the delivery. If you don't receive a meal by 2 pm please contact our office at 518-746-2420. We ask that you be patient as we do our best to provide you with this important service. We have staff working from home who will be checking in with you periodically by phone.

**The county building is currently open for phone calls only Monday – Friday 8:30 am – 4:30 pm.**

You can also reach us by email at [OfficeForTheAging@co.washington.ny.us](mailto:OfficeForTheAging@co.washington.ny.us)

**Suggested websites and phone numbers for information about COVID-19 and other services:**

<https://washingtoncountyny.gov/1147/Coronavirus-Information>

<https://washingtoncountyny.gov/148/Office-for-Aging>

<https://www.facebook.com/washingtoncountynyofficeforaging>

Apply for benefits HEAP/SNAP at <https://www.mybenefits.ny.gov>

- Washington County NY Connects 518-746-2420
- Washington County Public Health 518-746-2400
- Department of Health 1-888-364-3065
- Mental Health Hotline 1-844-863-9314
- Salvation Army 518-792-1960
- Medicaid Transportation 1-855-360-3544
- Legal Aid Society NENY 518-587-5188
- Food Pantry LEAP at WIC building 518-409-5199 (must call for an appointment)

<b><u>Town Offices</u></b>	<b><u>Village Offices</u></b>
Argyle 518-638-8681, ext. 10	Argyle 518-638-8681
Cambridge 518-677-5532	Cambridge 518-677-2622
Dresden 518-499-0552	Fort Ann 518-639-8929
Easton 518-692-2678	Fort Edward 518-747-4023
Fort Ann 518-639-8929	Granville 518-642-2640
Fort Edward 518-747-5212	Greenwich 518-692-2755
Granville 518-642-1500, ext. 4	Hudson Falls 518-747-5426
Greenwich 518-692-7611	Whitehall 518-499-0871
Hampton 518-282-9830	As a result of the COVID-19 pandemic, the NYS Office of Temporary and Disability Assistance is automatically extending certain Temporary Case Assistance/Medicaid/SNAP and SNAP only recertifications scheduled to expire in March, April and May for a period of three (3) months. The COVID-19 pandemic prevented some households from submitting recertifications in a timely manner.
Hartford 518-632-9151	
Hebron 518-854-3384	
Jackson 518-677-0356	
Kingsbury 518-747-2188	
Putnam 518-547-8317	
Salem 518-854-3277	
White Creek 518-677-8545	
Whitehall 518-499-1535	

**STAY HOME. STOP THE SPREAD. SAVE LIVES.**