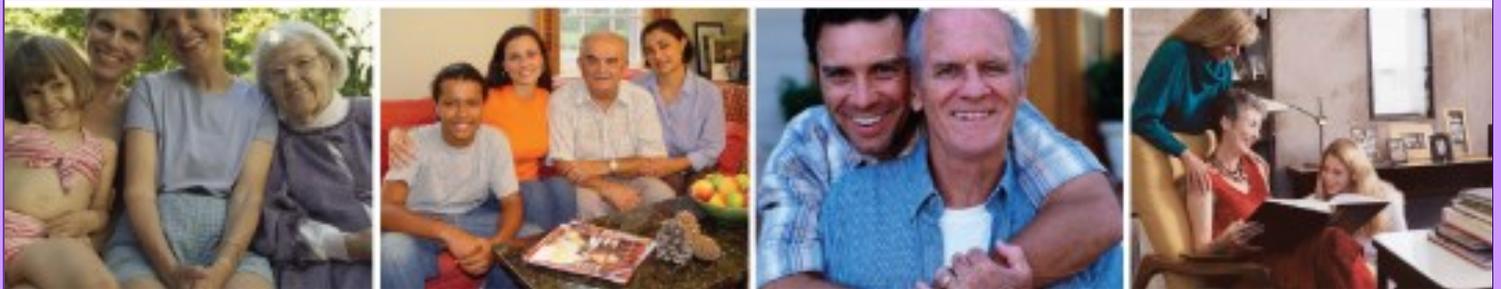


alzheimer's  association  
the savvy caregiver

A PROGRAM FOR FAMILY & FRIENDS OF A LOVED ONE WITH ALZHEIMER'S



The Savvy Caregiver is a FREE, evidence-based, multi-session training series for family caregivers. For most family caregivers, caregiving itself is a new role — one for which training is needed, just as one would receive training for any new job. The Savvy Caregiver program helps caregivers better understand the changes their loved ones are experiencing, and how to best provide individualized care for loved ones along the continued decline associated with Alzheimer's or dementia.

**Greenwich, New York**

**Saint Paul's Episcopal Church**

**143 Main St.**

**Greenwich, NY 12834**

**Runs on Wednesdays for five weeks:**

**November 2, 9, 16, 23 and 30  
from 1:30– 3:30 PM**

**This program is free, but registration is required.**

**To register call 518-867-4999, ext. 200 or e-mail [tgarmley@alz.org](mailto:tgarmley@alz.org)**

***This service is made possible through a partnership of the Washington County Office for Aging and the Alzheimer's Association.***